

Antipsychotic Medications

Drug	Dose
Aripiprazole (Abilify)	4 forms including tablets (2, 5, 10, 15, 20, 30 mg), DiscMelt (10 and 15 mg), liquid and IM
Asenapine (Saphris)	2.5 mg & 5 mg sublingual; q12 hours
Cariprazine (Vraylar)	Capsules (1.5, 3, 4.5 and 6 mg)
Clozapine (Clozaril)	Refer to psychiatrist
lloperidone (Fanapt)	Tablets (1, 2, 4, 6 mg); q 12 hours
Lurasidone (Latuda)	Tablets (20, 40, 60, 80 mg)
Olanzapine (Zyprexa)	4 forms including tablets (2.5, 5, 7.5, 10, 15, 20 mg) Zydis (5, 10, 15, 20 mg), IM, IM ER
Paliperidone (Invega)	Tablets (1.5, 3, 6 and 9 mg) Max = 12 mg, Renal = 3 mg
Pimavanserin (Nuplazid)	Tablet 17 mg (FDA for Parkinson's disease psychosis)
Quetiapine (Seroquel)	Tabs (25, 50, 100, 200 mg) q 12 hours; Extended release tabs (50, 150, 200, 300, 400 mg)
Risperidone (Risperdal)	4 forms including tablets and M-Tabs (0.25, 0.5, 1, 2, 3, 4 mg), liquid, Risperdal Consta (q 2 weeks)

Antidepressant Medications

Drug	Dose
Citalopram	10, 20 and 40 mg tabs (20 and 40s are scored). Starting dose is 10 mg. Max dose = 40 mg. Doses above 40 mg not recommended due to QTc prolongation.
Escitalopram	5, 10 and 20 mg (10 and 20s are scored). Starting dose is 5 mg. Max dose = 20.
Sertraline	25, 50 100 tabs plus oral solution. Starting dose = 25 mg. Max dose = 200 mg.
Duloxetine	20, 30, 60 mg tabs. Starting dose 20 mg. Max dose = 60 mg.

NOTE:

- 1) These are generally considered the best choices for older adults but other factors like previous treatment history or family history may influence your choice.
- 2) If you prescribed any two antidepressant medications for a particular patient without success, then a referral to a psychiatrist is recommended.

Mood Stabilizing Medications

Drug	Dose
Divalproex	Sprinkles 125; , DR 125, 250 500 mg; ER 250 and 500 mg. Oral solution: 250 mg/5 ml. Starting dose = 125 to 250 mg. Dose is determined by clinical response and blood level of total valproic acid (50 to 100 µg/ml). When converting to ER, increase dose by 20%.
Lithium	Tablets, capsules, oral solution; and ER. 300 mg tabs. ER comes in 300 and 450s. Solution: 8 mEq/5 ml. Recommended trough serum range is 0.4 to 0.8 mmol/L. Starting dose = 300 mg.
Gabapentin	Capsules 150, 300, 400 mg; Tablets 600 and 800; liquid. Starting dose 150 to 300 mg; Max dose = 3600 mg in a divided dose.
Pregabalin	Caps: 25 mg, 50 mg, 75 mg, 100 mg, 150 mg, 200 mg, 225 mg, and 300 mg. Oral Solution: 20 mg/mL.